

Recognition of Acquired Competencies (RAC) Special Care Counseling (SCC)



Contents

- 1 What is RAC-SCC?
- 2 Training and evaluation in RAC-SCC
- 3 26 RAC-SCC Competencies
- 5 Candidate Evaluation Assignment Checklist

What is RAC-SCC?

The “**Recognition of Acquired Competencies (RAC) in Special Care Counselling**” is a program that allows adults to obtain official recognition for competencies (skills and knowledge) acquired on the job or through real-life experience working with a variety of special needs populations. These experiences could include work with children, teenagers, adults or older persons in various settings including schools, group homes, community centres, senior centres, hospitals and youth centres.

RAC-SCC Contact:

Natalie Gill
Pedagogical Advisor
900 Riverside Drive
Saint-Lambert, QC
J4P 3P2
450-672-7360 Extension 3456
ngill@champlaincollege.qc.ca

You can earn an AEC (Attestation d'Études Collégiales) if you have experience working in the Special Care Counselling field.

Training and evaluation processes in RAC-SCC

Seminars and Class Activities:

During a **seminar**, the Content Specialist reviews a specific competency and presents the evaluation methods that will be used to assess candidates. For most of the competencies, experiential **class activities** have been developed so that candidates may practice skills and develop a deeper understanding of the material.

Seminars are typically offered to small groups called cohorts. Seminars are offered one evening per week and two Saturdays per month.

Online Resources:

Candidates have access to our **website** which contains a wide range of study materials and other resources needed to prepare for evaluations.

Evaluation:

Candidates will be **evaluated** for those competencies identified in each candidate's Validation Interview Summary Report.

Content Specialists:

Our educators are referred to as "**Content Specialists**" in this program, and have specific areas of expertise related to Special Care Counselling.

What are the 26 RAC-SCC Competencies?

CLUSTER A: Adoption of Professional Behaviour

- 019N: To examine the job functions of a special care counsellor
- 019X: To abide by the code of ethics of the profession
- 019P: To become familiar with community resources and services
- 019R-1: To examine biopsychosocial development

CLUSTER B: Relationship-Building with Clients and Work Team Members

- 019S: To gather information about a client's behaviour
- 019W: To associate approaches, objectives and techniques with specific adjustment problems
- 019Q: To communicate with clients and members of a work team
- 019Y: To establish a helping relationship
- 01A1: To act as a facilitator for groups of clients or work teams
- 019Ta: To design development activities
- 01A9: To interact with clients from cultural and ethnic communities

CLUSTER C: Protection of One's Well-Being and that of Clients with Adjustment Problems

- 01A4: To protect one's personal wellbeing
- 019V: To assist a client in need of help
- 01AB: To intervene in a crisis

CLUSTER D: Intervention Planning

- 019R-2-10: To examine biopsychosocial adjustment issues
- 01A8: To develop an intervention plan
- 019U: To evaluate the ability of the client's living environment to provide support
- 019Tb: To design clinical tools

CLUSTER E: Client Intervention

019Z: To carry out adaptive and rehabilitative activities for clients with intellectual disabilities

046T: To carry out adaptive and rehabilitative activities for young people with learning or language difficulties

01A0: To carry out adaptive and rehabilitative activities for clients with physical disabilities or neurological disorders

01A2: To carry out adaptive and rehabilitative activities for older individuals who are no longer autonomous

046U: To carry out adaptive and rehabilitative activities for young people with adjustment difficulties

01A6: To carry out adaptive and rehabilitative activities for clients with a mental health and/or drug addiction problem

00XX: To carry out adaptive and rehabilitative activities for clients with autism

01A7: To carry out adaptive and rehabilitative activities for clients experiencing social exclusion and/or violence-related issues

01AA: To carry out adaptive and rehabilitative activities for clients who are re-entering society or the workplace

CLUSTER F: Design and Implementation of Prevention and Rehabilitation Plans

01A5: To analyze the relationship between social phenomena and adjustment problems

01AC: To draw up and carry out an integrated intervention project

How much does the RAC-SCC process cost?

- \$30: Admission to College
- \$45: RAC File Analysis
- \$40 per competency (up to maximum of \$500)
- Total maximum cost: \$575

CANDIDATE EVALUATION ASSIGNMENT CHECKLIST

Cluster/Competency	Evaluations
Cluster A	
019N - Role / Job Functions of SCC	<input type="checkbox"/> Written Report <input type="checkbox"/> Interview
019X - Ethics	<input type="checkbox"/> Interview
019P - Community Resources	<input type="checkbox"/> Written Report
019R - Biopsychosocial Development • 019R-1 - Biopsychosocial Development across the Lifespan	<input type="checkbox"/> Written Report/Reference Table 1
Cluster B	
019W - Approaches, Objectives, Techniques	<input type="checkbox"/> Written Report <input type="checkbox"/> Interview
019S - Information Gathering	<input type="checkbox"/> Written Report
01A9 - Culture/Ethnicity	<input type="checkbox"/> Interview
01A1 - Facilitation	<input type="checkbox"/> Written Report <input type="checkbox"/> Educational Institution Observation Task, Interview, Written Report
019Y - Helping Relationships	<input type="checkbox"/> Educational Institution Observation Task, Interview, Written Report
019Q - Communication with Clients and Work Team	<input type="checkbox"/> Interview
019Ta - Development Activities	<input type="checkbox"/> Written Report <input type="checkbox"/> Workplace or Educational Institution Observation Task
Cluster C	

01A4 -Risk of Infection/Burnout	Evaluation 1 (01A4, 01AB) <input type="checkbox"/> Part A: Preventative Measures (Written Report) <input type="checkbox"/> Part B: Crisis Intervention (Written Report) <input type="checkbox"/> Part C: Suicide Crisis Intervention (Written Report) <input type="checkbox"/> Part D: Burnout (Written Report) Evaluation 2 (Required Certifications) (019V) <input type="checkbox"/> Part A: First Aid and CPR (019V-1 019V-3) <input type="checkbox"/> Part B: Safe Handling and Moving Techniques (019V-2) Evaluation 3 (01AB) <input type="checkbox"/> Crisis Intervention (Interview)
019V - (A) First Aid & CPR; (B) Safe Handling & Moving	
01AB - Crisis Intervention	

Cluster D	
019R-2-10: Client Groups	<input type="checkbox"/> Written Report/Reference Table 2
019U - Living Environment	<input type="checkbox"/> Written Report
01A8 - Intervention Planning	<input type="checkbox"/> Written Report
019Tb - Clinical Tools	<input type="checkbox"/> Written Report
Cluster E	
019Z - Intellectual Disabilities 046T - Young People: Learning/Language 01A0 - Physical/Neurological 01A2 - Older Individuals / Loss of Autonomy 046U - Young People / Adjustment Problems 01A6 - Mental Health / Drug Addiction 01A7 - Social Exclusion / Violence	Evaluation 3 (019Z, 046T, 01A0, 01A2, 046U, 01A6, 01A7) <input type="checkbox"/> Written Report <input type="checkbox"/> Interview
019Z - Intellectual Disabilities 046T - Young People: Learning/Language 01A0 - Physical/Neurological 01A2 - Older Individuals / Loss of Autonomy 046U - Young People / Adjustment Problems 01A6 - Mental Health / Drug Addiction 01A7 - Social Exclusion / Violence	Evaluation 4 (019Z, 046T, 01A0, 01A2, 046U, 01A6, 01A7) <input type="checkbox"/> Onsite Written Exam/Report
01AA - Adaptive and Rehabilitative Activities for Clients who are Re- entering Society or the Workplace	Evaluation 5 <input type="checkbox"/> Written Report
Cluster F	
01A5 - Analysis of Social Phenomena and Adjustment Problems 01AC - Integrated Intervention Project	Evaluation 1 (01A5, 01AC) <input type="checkbox"/> Part A: Analysis of a Social Adjustment Problem (Written Report) <input type="checkbox"/> Part B: Design of an Integrated Intervention Plan (Written Report) <input type="checkbox"/> Part C: Carrying Out the Integrated Intervention Plan (Onsite Task) <input type="checkbox"/> Part D: Presentation of the Integrated Intervention Plan (Presentation at Educational Institution)